

LUNCH & DINNER MENU



APPETIZERS

V vegetarian GF gluten free

YAM FRIES V	\$10	SMASH TACOS	\$19
Served with chipotle aioli		Flour Tortilla, ground beef, cheese, lettuce, tomatoes, onions and pepperoncini mayo	
POUTINE	\$13	STEAK QUESADILLA	\$20
Fries topped with cheese curds and beef gravy Add pulled pork +4		Cajun sirloin, cheddar, peppers, onions, mushrooms, tomatoes, salsa and sour cream Add fries or salad +3	
CHICKEN STRIPS	\$17	WINGS	\$20
Your choice of dipping sauce: plum, BBQ, honey mustard, or sesame gochujang sauce Add fries or salad +3		Choice of hot, BBQ, teriyaki, honey garlic, Cajun spice, salt and pepper, sesame gochujang	
TEMPURA PRAWNS	\$18	LOADED NACHOS	\$26
Breaded prawn tempura with teriyaki sauce and wasabi mayo		Olives, tomatoes, green onions, jalapenos, queso cheddar, salsa, sour cream and guacamole Add pulled pork or Cajun chicken +4	

SOUPS AND SALADS

DAILY SOUP	\$12	CAESAR SALAD	\$18
Prepared fresh in house, served with garlic bread. Ask your server about today's creation		House-made dressing, romaine, Parmesan cheese, croutons, served with garlic bread Add garlic prawns or grilled chicken +6	
SALMON CHOWDER	\$17	CRISPY CHICKEN SALAD	\$25
House made chowder, wild sockeye salmon, bacon, corn, potatoes and onions, served with garlic bread		Crispy chicken strips, greens, cheese, edamame, avocado, grape tomatoes, cucumbers, carrots, ranch, served with garlic bread	
BEEF NOODLE BOWL	\$22	BLACKENED CHICKEN SALAD	\$25
5 oz sliced prime rib, egg noodles, soy marinated soft egg, bok choy, crispy fried wonton, green onions and rich beef broth, served with bean sprouts, basil and a lime wedge		Blackened chicken, spinach, strawberries, feta, balsamic vinaigrette, served with garlic bread GF without garlic bread	

HANDHELDS

BUFFALO CHICKEN WRAP	\$21	SMASH BURGER	\$24
Breaded chicken strips, cheddar, lettuce, tomatoes, onions, ranch and hot sauce		Double smash beef patties, double cheddar, lettuce, tomatoes, onions, pickles, pepperoncini mayo on a potato bun	
CUBANO	\$21	PRIME RIB DIP	\$24
Pulled pork, Swiss cheese, back bacon, pickles, garlic aioli on a garlic baguette		Shaved prime rib, garlic aioli on a garlic baguette, served with au jus Make it Philly style with onions, peppers and cheese +4	
THE GARDEN BURGER V	\$22	THE SOCKEYE BURGER	\$24
Vegetable patty, Swiss cheese, avocado, lettuce, tomatoes, red onions, pesto aioli on a potato bun		Grilled wild sockeye salmon filet, lettuce, tomatoes, onions, pesto aioli on a potato bun	
CHICKEN BACON CHEESE CLUB	\$23	KOREAN CRUNCH SANDWICH	\$25
Grilled chicken breast, cheddar, bacon, lettuce, tomatoes, mayo on choice of bread		Crispy fried chicken breast, pickles, Asian coleslaw and sesame gochujang sauce on a potato bun	
CRISPY CHICKEN BURGER	\$23		
Crispy fried chicken breast, pickles, lettuce garlic aioli on a potato bun			

*All handhelds are served with choice of fries, soup of the day, Caesar salad or yam fries
Sub salmon chowder +3 | Substitute bread or buns for gluten free option*

ENTREES

FISH & CHIPS	\$24	KOREAN CHICKEN RICE BOWL	\$25
Two pieces of beer-battered Pacific cod served with coleslaw & tartar sauce		Crispy gochujang glazed chicken breast, soy marinated soft egg, kimchi, cucumbers, carrots, radish, kewpie mayonnaise, and green onions on sushi rice	
POKE BOWL GF	\$25	STEAK SANDWICH	\$28
Marinated ahi tuna, edamame, carrots, grilled pineapple, pickled onions, cucumbers, avocado, radish, wasabi mayo & Sriracha mayo on sushi rice		6 oz AAA sirloin steak on garlic bread served with onion rings, fries and Caesar salad	
CHICKEN MUSHROOM FETTUCINE	\$26	SURF AND TURF	\$38
Blackened chicken breast, cremini mushrooms, Alfredo sauce and Asiago cheese, served with garlic bread		6 oz AAA sirloin, garlic tiger prawns, crispy seasoned potatoes, grilled asparagus and bell peppers, peppercorn gravy and rosemary compound butter.	
PRAWN THAI CURRY BOWL GF	\$26		
Sauteed prawns, vegetables and Thai green curry sauce on basmati rice			

DESSERTS

CHOCOLATE TARTUFO	\$9
A chocolate gelato bomb dusted in cocoa and hazelnuts	
PEACH CRISP	\$10
Warm peaches, golden brown oat butter crumble, served with vanilla ice cream	
LAVA CAKE	\$11
Rich chocolate cake with a molten dark chocolate center, served with vanilla ice cream	



OUR PRICES INCLUDE ALL APPLICABLE TAXES AND FEES

If you appreciated the service provided by the Redwoods staff, we encourage you to make a donation to Kidsport Langley. kidsportcanada.ca

WE ARE A GRATUITY FREE FACILITY